

BAYLOR SCOTT & WHITE TEXAS SURGICAL SPECIALISTS PRE-OP & COLONOSCOPY INSTRUCTIONS USING SUPREP BOWEL PREP

DATE OF PROCEDURE: _____

ARRIVAL TIME: _____

CHECK IN HERE DAY OF YOUR PROCEDURE:

_____ Baylor Scott & White Medical Center
2400 N IH-35E
Waxahachie, Texas 75165
(469) 843-4000

_____ Baylor Surgery Center
106 Lucas Street
Waxahachie, Texas 75165
(469) 843-8000

Day surgery will call you to schedule your pre-operative appointment with you. This appointment generally takes anywhere from 30 to 45 minutes

COLONOSCOPY PREP INSTRUCTIONS:

You will be sedated for your procedure and will not be allowed to drive yourself home. Please make arrangements to have someone drive you home after your procedure.

Please be sure to stop your aspirin or blood thinners 5 days prior to your procedure. Tylenol can be taken if needed. You may take any heart, blood pressure, or acid reflux medication before you come in for your procedure with a small sip of water. If you are taking diabetic meds/insulin you will receive special instructions regarding the taking of these medications.

A prescription for a SUPREP BOWEL PREP KIT will be sent to your pharmacy of choice.

If you have insurance we will pre-certify your procedure.

Your deposit of _____ is due in our office 1 week prior to the date of your procedure. This is an estimate of your responsibility for the surgeon's charges and does not include the hospital, anesthesia, pathology or any other provider charges.

The hospital, pathology and anesthesia are billed separately. You can get an estimate for their portions. Please see their phone numbers below.

Waxahachie Anesthesia Consultants: 972-937-7240

Hospital estimates: 844-825-0002

DAY BEFORE THE PROCEDURE:

You must be on a clear liquid diet the day before the procedure. Solid foods or milk products are not allowed. Clear liquids include all of the following that are NOT COLORED RED OR PURPLE: Broth, Jello, popsicles, fruit juices without pulp (apple, white grape, lemonade), carbonated and non-carbonated soft drinks, black coffee without cream and tea.

4 PM DAY BEFORE PROCEDURE:

Pour ONE 6-ounce bottle of Suprep liquid into the mixing container. Add cool drinking water to the 16-ounce line of the container and mix. Drink all the liquid in the container. You must drink two more 16-ounce containers of liquid over the next hour.

10 PM DAY BEFORE PROCEDURE:

Pour the second 6-ounce bottle of Suprep liquid into the mixing container. Add cool drinking water to the 16-ounce line of the container and mix. Drink all the liquid in the container. You must drink two more 16-ounce containers of liquid over the next hour.

HAVE NOTHING ELSE TO EAT OR DRINK PRIOR TO YOUR PROCEDURE.

AFTER THE PROCEDURE:

1. Have a companion accompany you or arrange for someone to pick you up. You will not be able to safely drive home due to the sedation given to you during the colonoscopy.
2. You will be taken from the procedure room to the recovery area where you will be watched until the sedation has worn off and you are stable enough to function at home safely. You cannot drive a car, drink alcohol or take care of a dependent person such as a child for 24 hours after the examination.
3. The nurse in the recovery area will escort you to the car in a wheelchair.
4. If you have any questions, please call (469) 800-9830 and ask for your surgeon's nurse:

Dr. Roye's nurse, Chrissy

Dr. Pete Graham's nurse, Victoria

Dr. Calcaterra's nurse, Jennifer

Dr. Andre Graham's nurse, Salina

Or you can send your surgeon a message through MYCHART.

Feel free to call 10 days after your procedure to see if results are in. You may also opt to schedule a follow up appointment to go over your results in more detail with your surgeon. **Results will be posted to MYCHART as soon as they are received. If you have not yet signed up for the MYCHART please do so by accepting the email invitation link you will receive from our office as this is the preferred and faster method of communication for your results. You can also make appointments and ask your Dr. questions through MYCHART. If you have not received an invitation – you may call (888) 670-9775 to get registered or one of our staff will happy to help you.**